

ARUN U3A COUNTRY WALKING PROGRAMME

DATE	WALK DESCRIPTION	LENGTH Miles (Km)	ASCENT Feet (Metres)	WALK STARTS FROM	START TIME	EXPLORER MAP NUMBER	GRID REFERENCE AT START
05/07/2010	Amberley Wild Brooks	5½ (8.9)	345 (105)	Amberley Church	10:30	121	TQ028131
19/07/2010	Linear Walk Along the Coast to Worthing (Geoff Weston will lead - Bring Bus Pass)	7 (11.3)	130 (40)	Woodlands Centre	10:00	121	TQ052026
02/08/2010	Halnaker Windmill	6 (9.7)	625 (190)	Boxgrove Village Hall CP	10:30	121	SU906077
16/08/2010	Coombes Church	5½ (8.9)	950 (290)	Lancing Ring CP	10:30	122	TQ182062
30/08/2010	Glorious Goodwood	7¼ (11.7)	1320 (405)	Triangle CP	10:35	120	SU879113
13/09/2010	Devil's Dyke	6¼ (10.1)	860 (260)	Devil's Dyke CP	10:40	122	TQ262120
27/09/2010	Partridge Green & Ashurst	6¾ (10.9)	280 (85)	Partridge Green Village Hall CP (Off High Street)	10:40	122	TQ189192
11/10/2010	North & South Stoke from Burpham (Harry Perris will lead)	7 (11.3)	720 (220)	Burpham (Rear of George & Dragon PH)	10:20	121	TQ039088
25/10/2010	Slindon Pumpkins (John Ludwig will lead)	6¼ (10.1)	760 (230)	NT CP Park Lane Slindon	10.25	121	SU959075
08/11/2010	Parham House (Autumn Colours)	7 (11.3)	445 (135)	RSPB Pulborough Brooks	10:35	121	TQ059163